

Very Important Email for ALL Raw Unity Competitors

Hello Everyone.

Attached you will find the Technical Rules Book for the Raw Unity Powerlifting Championships.

There will not be a rules briefing at Raw Unity.

You will be held accountable for each and every rule in the rule book. Keep in mind that some rules may differ somewhat, considerably, or dramatically from what you may be used to.

It would be my recommendation to read the rules book until you are comfortably familiar with it.

If you have any questions at all, then please ask them to me in an email between now and the day of the competition!

All questions will be answered either by email or by phone by me or one of the meet officials.

In Strength and Health,

Eric